



Spirit Synott

Over the past five years, dancer Spirit Synott has been performing across Canada and in the United States. Although she has been a guest performer with acclaimed Toronto-based companies Canboulay Dance Theatre and OMO

Dance Company, Spirit is in high demand as an independent dancer at disability arts festivals. Spirit has a growing repertoire of solo and duet works, all set to music from Lilia's Radio Friendly pop recordings. Spirit's eclectic and extensive arts training includes a diploma (with honours) from the Ontario College of Arts, and acting training with Richard McKenna, Actors Equity Showcase, Toronto Theatre Alliance, Actors' Co-op, Cayle Film, and Grass is Greener Productions. She has studied dance with Debbie Wilson (modern and ballet); Rachel Gorman (repertoire and modern); Ronald Taylor and Anthony Guerra (African/Caribbean folk); and Almond Small (modern). Spirit has been a member of The Northern Lights Dance Theatre Foundation Board of Directors for three years.

Thursday September 16, 7:30 pm
Opening Ceremonies in the Performance Centre Theatre

Friday September 17, 3 - 4:30 pm
Performance Centre Theatre
Double bill with Victoria Maxwell (theatre)

Saturday September 18, 10 am - 12 noon
Dance workshop in the Dance Studio



Theatre Terrific

Theatre Terrific Society has been working since 1985 to gain public acceptance for people with disabilities by enabling them to participate in Vancouver's vibrant theatrical community. By offering classes and mounting amateur and professional productions, Theatre Terrific Society acts as a unique catalyst for growth and change. In "Theatrical Performance, Untitled", Theatre Terrific Society presents an original 45-minute theatrical performance in which 10 to 15 performers, many of whom have cognitive disabilities, showcase skits, improvisation, dancing and singing that is created out of the imaginations and experiences of the students themselves.

Friday September 17, 2:45 - 3:30 pm
Vancouver Sun Free Stage
Child-friendly

Karin Watson

Karin Watson has completed her MFA in Creative Writing at UBC and has had poems appear in *Room of One's Own*, *Wascana Review*, *Fugue*, *Wreck*, *Comfort Zone* and *Bywords*. She is now branching out into visual arts and is an emerging artist, as well as a member of the kickstART2 Choir.

The Weight of Moving: These poems come from a book length work which explores changes in habits and patterns of living when moving house. What happens to the space when we leave a place and how do we start the dance again somewhere else.

Saturday September 18, 3:15 - 3:45 pm
Vancouver Sun Free Stage

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